



General Certificate of Secondary Education  
2022

Centre Number

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Candidate Number

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# Learning for Life and Work: Modular

Unit 2

Personal Development



[GLF21]

\*GLF21\*

**MONDAY 16 MAY, MORNING**

## TIME

1 hour.

## INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

**You must answer the questions in the spaces provided.**

**Do not write outside the boxed area on each page or on blank pages.**

Complete in black ink only. **Do not write with a gel pen.**

Answer **all** questions in this paper.

## INFORMATION FOR CANDIDATES

The total mark for this paper is 60.

Quality of written communication will be assessed in Questions **5(a)**, **5(b)** and **6**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.



Answer **all** questions

1 (a) Write down **one** disadvantage of using social media.

\_\_\_\_\_ [1]

(b) Write down **one** way a young person may deal with anxiety in school.

\_\_\_\_\_ [1]

(c) Explain **one** way counselling may support a person in an unhealthy relationship.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(d) Describe **one** way self reflection may support a young person experiencing loneliness.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]



(e) Explain **two** reasons why a financial advisor may provide support for a person.

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ [4]



2 (a) Write down **one** disadvantage of using a credit card.

\_\_\_\_\_ [1]

(b) Write down **one** consequence of low income for a family.

\_\_\_\_\_ [1]

(c) Describe **one** intellectual benefit of attending university.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(d) Describe **one** positive effect of dieting.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]



(e) Explain **two** physical consequences for a person using prescription drugs.

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ [4]

[Turn over



3 (a) Write down **one** physical consequence of stress.

\_\_\_\_\_ [1]

(b) Write down **one** emotion a person may experience when starting a new job.

\_\_\_\_\_ [1]

(c) Explain **one** disadvantage of using a comparison website when searching for home insurance.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(d) Explain **one** way a parent may support a child's social development.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]



(e) Explain **two** consequences of a person deliberately self-harming.

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ [4]



4 (a) Explain **two** benefits of exercising for a young person.

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ [4]

(b) Explain **two** ways neglect may impact on the emotional development of a young person.

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ [4]





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**(Questions continue overleaf)**

**[Turn over**



### Source A: Single Parent Challenges

The *Belfast Telegraph* stated figures gathered from birth certificate records by the Office for National Statistics showed that 5% of babies were registered by their mother alone with no record of the father, while a further 21% listed details of the dad but showed he was living at a different address.

A local politician said society should show more respect to single parents and that the shame and stigma hasn't gone away – "Unless you are a single parent you have little understanding of the sacrifice involved in doing the job of two people. In schools and at a community level the stigma has been lessened, but not in public decision-making." The politician stated, "Welfare is a prime example and if we really care about children, we should be investing more in single parents."

However, a member of the Church of Ireland said that marriage was the best environment in which to raise a child and encouraged all unmarried couples to "consider marriage". Sadly, many marriages do break down and single parents face particular challenges and so often meet those challenges with real commitment to the welfare of their children.

*Source: "One in four Northern Ireland children born into a single parent home" by Victoria Leonard, 04 December 2017 © Belfast Telegraph*









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**THIS IS THE END OF THE QUESTION PAPER**

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For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	
6	

<b>Total Marks</b>	
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Examiner Number

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